# Personalized Physical Therapy

Our collaborative team of experts provide a wide range of physical therapy services to help you return to your active life — all in a compassionate, caring environment.

Our clinics are staffed by highly trained physical therapists who are:

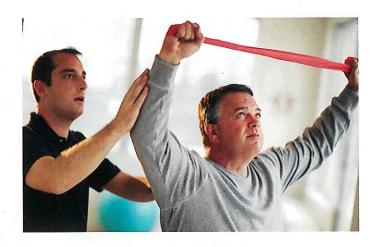
- Board certified in sports, neurological, orthopedic and hand therapy
- Fellowship trained in orthopedic manual therapy
- · Certified strength and conditioning specialists
- Certified in BIG & LOUD therapy (Parkinson's disease)

The services we provide to assist our patients in their recovery from illness, injury, and surgery include:

- Dry needling
- Instrument-assisted soft tissue mobilization
- VitalStim therapy (Speech)
- Pediatric therapy
- Aquatic therapy
- · Vestibular and concussion rehabilitation
- Plyometric and jump training
- Return to Sport Program

Whether your goal is to get back in shape or back to work, our therapists use the latest technology and therapies to get you back on your feet — and keep you moving.





## Schedule Today\*

#### 1. NASSAU BAY

Physical, Occupational & Hand, Pediatric and Speech Therapy 281.333.8806 | Fax 281.333.8875 18100 Houston Methodist Dr., Suite 100 Houston, TX 77058

Sports Medicine and Aquatic Therapy 281.523.2171 | Fax 281.523.2179 2020 NASA Pkwy., Suite 150 Houston, TX 77058

### 2. FRIENDSWOOD

281.648.4250 | Fax 281.867.4004 415 E. Parkwood (FM 528) Friendswood, TX 77546

#### 3. PASADENA

281.867.1852 | Fax 281.867.4004 6243 Fairmont Pkwy., Suite 105 Pasadena, TX 77505

#### 4. LEAGUE CITY

281.523.3400 | Fax 281.334.1214 2220 E. League City Pkwy., Suite 100 League City, TX 77573

#### 5. TEXAS CITY

409.948.1217 | Fax 409.948.0220 1310 34th St., Suite D | Texas City, TX 77590

\*Call for services offered at each location.









OFFICIAL HEALTH CARE PROVIDER

houstonmethodist.org/orthopedics/clearlake