

Personalized Physical Therapy

Our collaborative team of experts provide a wide range of physical therapy services to help you return to your active life — all in a compassionate, caring environment.

Our clinics are staffed by highly trained physical therapists who are:

- Board certified in sports, neurological, orthopedic and hand therapy
- Fellowship trained in orthopedic manual therapy
- Certified strength and conditioning specialists
- Certified in BIG & LOUD therapy (Parkinson's disease)

The services we provide to assist our patients in their recovery from illness, injury, and surgery include:

- Dry needling
- Instrument-assisted soft tissue mobilization
- VitalStim therapy (Speech)
- Pediatric therapy
- Aquatic therapy
- Vestibular and concussion rehabilitation
- Plyometric and jump training
- Return to Sport Program

Whether your goal is to get back in shape or back to work, our therapists use the latest technology and therapies to get you back on your feet — and keep you moving.



Schedule Today*

1. NASSAU BAY

Physical, Occupational & Hand, Pediatric and Speech Therapy

281.333.8806 | Fax 281.333.8875

18100 Houston Methodist Dr., Suite 100
Houston, TX 77058

Sports Medicine and Aquatic Therapy

281.523.2171 | Fax 281.523.2179

2020 NASA Pkwy., Suite 150
Houston, TX 77058

2. FRIENDSWOOD

281.648.4250 | Fax 281.867.4004

415 E. Parkwood (FM 528)
Friendswood, TX 77546

3. PASADENA

281.867.1852 | Fax 281.867.4004

6243 Fairmont Pkwy., Suite 105
Pasadena, TX 77505

4. LEAGUE CITY

281.523.3400 | Fax 281.334.1214

2220 E. League City Pkwy., Suite 100
League City, TX 77573

5. TEXAS CITY

409.948.1217 | Fax 409.948.0220

1310 34th St., Suite D | Texas City, TX 77590

* Call for services offered at each location.



HOUSTON
Methodist[®]
ORTHOPEDICS &
SPORTS MEDICINE



OFFICIAL HEALTH CARE PROVIDER

houstonmethodist.org/orthopedics/clearlake